

## **1st Best practice**

### **Personal Contact Programme (PCP)**

#### **Objectives of the Practice**

- To provide the platform to the students to have face-to-face interaction with the Mentor without any hesitation.
- To provide an opportunity to students to share their learning experiences.
- To develop confidence among the students to seek guidance from mentors to solve their problems related to academic and even personal matters.
- To help the students to overcome the barriers in their learning.

#### **Expected outcome:**

- Facilitate in building the rapport of the Mentor with the students.
- Facilitate in knowing plans of the individual student regarding her aspirations for further studies and employment.

#### **The context**

Students from different socio-economic background take admission in the different courses so it becomes important for teacher to understand the professional needs.

#### **The practice:**

Personal Contact Programme (PCP) aims at gauging the requirements and aspirations of our students. PCP is held every year in the beginning of the session in the first week of month of July, wherein a panel/group of members of the faculty meets new students individually. The information of each student pertaining to her educational and family background as well as her interest and aptitude, career aspirations, challenges in pursuing the studies etc. is recorded during PCP programme. Members also assess the needs of the students in terms of the latest trends in the job market.

#### **The constraints/ limitations:**

- Students' shyness and hesitation in sharing the problems they face.
- Time required for putting even the student at ease to know them well.

#### **Evidence of success**

- It initiates bonding between the students and the institution at once.
- The teachers get an overview of the class, the family background, the kind of schooling they had and so on which is quite helpful in adopting the teaching style that suits them the best.
- Most of the students open up and share the problem, if any, without any hesitation.

#### **Problems encountered and resources required**

Majority of the students enrolled in different courses belong to the lower and middle strata of the society

## **2nd Best Practice**

### **Inculcation of Values and Ethos through Performing Arts**

#### **Objectives:**

- To enable the students understand their innate strengths individuality in terms of basic human values.
- To enable students to identify, awaken and polish the art within
- To provide the students the platform to improve skills such as organizational, presentation, leadership and interpersonal communication.
- To instill the Universal Values viz. Truth, Love, Compassion, Kindness, Equality in each student through portrayal of real life situation and human behavior.

#### **The Context**

Co-curricular activities and cultural programmes are planned keeping in mind the values that needs to be strengthened in on-going challenging times. In view of the advent of information technology when unrestricted flow of information exposes the students towards all shades of world- black/grey the youth needs to develop an inner eye so as to tread the right path. By designing various programmes highlighting the value and relevance of true purpose of Life and pursuing a rightful way of living, the students get an insight into the rich traditions of Indian Value System.

#### **The Practice**

Being an institution providing professional education to the girl students, the need to have an arrangement linking the students to the creative aspect of life was felt to ensure overall personality development of students. This helps the students explore the artistic beauty within them.

Almost all the students who join the course available at the institution are fresher in this area i.e. cultural activity. Talent-hunt programme is conducted where they perform and showcase their talent in the area where they feel comfortable. This provides them the platform to recognize the art within them. Then, these students are selected for different cultural programmes that are conducted within the campus from time to time. Their talent is polished for various art forms during preparation stage. Our students get the training for singing, dance, acting and stage conduct by the team of experts from amongst the members of the faculty. Thus, students become capable of performing and showcasing this art confidently and creatively during various cultural programmes conducted within the campus and competitions held at university level. The following cultural and literary programmes are organised in the College.

- Freshers Day
- Punjabi Divas
- Lohri Celebrations
- SSSSian Fiesta (Farewell)
- I-Mindz

- Alumni Meet
- Awards Day

Special items constitutes messages of equality, Women empowerment and peace are held at annual day.

**The constraints/ limitations:**

Many talented students do not participate due to stage fear.

**Evidence of success:**

- Increase in number of students participating in the co-curricular events.
- Students feel more confident while facing the audience.
- The students have become conscious of their behavior towards environment and the people.
- Increased level of awareness is visible amongst the students.
- Clarity brings confidence. Hence students are more confident of themselves in day to day life situation.
- Increased participation of students in interpersonal discussion, co-curricular activities etc.

**Problems encountered and resources required:**

Some of the students are not willing to devote time beyond the College hours for practicing the activity.